

## PROJECT SIX

*A community-based residential treatment center for adolescents. This intensively therapeutic program, located 30 minutes from downtown Los Angeles in the San Fernando Valley, is designed for adolescents with emotional and behavioral challenges.*

**Project Six** coordinates the vital components of residence, school\*, family, and community to help each resident meet his or her individual goals. The program is designed to support positive social behaviors, build self-esteem, and assist students in developing a sense of responsibility. A behavior management system is used to aid residents in making appropriate behavioral choices and to provide them with feedback in a positive, reinforcing way. Project Six emphasizes the importance of safety, respect, and responsibility in our residents' lives, and the behavior system reflects this philosophy.

\*Students accepted at Project Six have the opportunity to attend Harbor School West.

Designed to Promote Development in...

SCHOOL PERFORMANCE & ADJUSTMENT • COMMUNICATION  
EXPRESSION OF THOUGHTS, FEELINGS, & IDEAS  
ATTENTION & CONCENTRATION • MOTIVATION & GOAL ATTAINMENT  
PROBLEM SOLVING • SOCIAL SKILLS DEVELOPMENT • SELF ESTEEM

Project Six Offers

- Highly structured, nurturing environment
- Unique, creative & highly individualized programming
- Individual, group, and family therapy
- Positive behavior modification system
- Psychiatric services including medication evaluation, prescription and monitoring
- Independent living skills
- Recreation and activity therapy including art, music, yoga, hiking, & improvisational acting
- Community outings
- Specialty groups dealing with topics such as eating disorders, sexual abuse, physical abuse, anger management, assertiveness training, & drug/alcohol education
- Psycho-educational multi-family groups
- Academic tutoring

FOR QUESTIONS OR TO SCHEDULE A TOUR

818.267.2624 • fax 818.267.2710  
15339 Saticoy Street • Van Nuys, California 91406

[www.thehelpgroup.org](http://www.thehelpgroup.org)